THERES ALWAYS A FIRST TIME FOR EVERYTHING

You get tense when someone suggest that you must do something that is completely out if your comfort zone. You find reasons to avoid it. The same you however, would be over the top when it comes to encouraging a baby who is afraid to walk on his own. Walking on his own is obviously outside its comfort zone, that’s why he is afraid yet, you would give him no choice but to do it. You would cheer and clap your hands. If you are the parent then you would probably jump for joy and make a spectrum call on yourself when he takes his first step. How about giving yourself no choice at least one in a while? There’s always a first time for everything

Being an adult is easier than being a child. As an adult you will not let anyone force you in doing something that scares you. But as a child you have little choice. You are afraid you will fall but you’ll have to try, unless you are smart and figure out a way to work it out with the adult, who happens to be one of those soft kinds. But yeah, even those soft kinds don’t let you go if you don’t want to walk on your own.theres no choice but to learn to walk on your own.